

Lunch Form

A box lunch will be provided by Great Harvest Bread Company for \$10.50. This is in addition to the cost of the symposium itself. Please make your lunch choice(s) below. Both registration fee and cost of lunch must be returned with this form and the registration form.

| Participant | Sandwich Choice | Bread Choice |
|-------------|-----------------|--------------|
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Total Fees: () Symposium Participants @ \$30.00 + () Lunches @ \$10.50 = \$

To Order Lunch: Select sandwich and bread choices, by placing the corresponding letter choice in the box above (upper case letters). All sandwich boxes come with kettle chips and a cookie.

Sandwich Choices

A. Ham and Swiss

Smoked ham and choice of cheese, red onion, lettuce, tomato, Dijon mustard, mayonnaise and salt and pepper mix.

B. Turkey and Swiss

Smoked turkey breast and choice of cheese, red onion, tomato, Dijon mustard, mayonnaise and salt and pepper mix.

C. Louisville Chicken Salad

Tender chicken fused with a seasoned mayonnaise dressing with sweet and spicy pecans, red onion, romaine lettuce, sliced tomato and salt and pepper mix.

D. Harvest Veggie

Fresh pepper rings, cucumber slices, provolone and cheddar cheeses with sundried tomato pesto, red onion, romaine lettuce, tomato and salt and pepper mix.

E. Veggie Three Seed Hummus

Roasted sesame, sunflower, and pumpkin seeds puréed with chickpeas in a healthy, protein-packed hummus. Includes lettuce, tomato, onion and a salt and pepper mix.

Bread Choices

F. Farmhouse White.

G. Honey Whole Wheat

Freshly ground, flavor-rich, 100% whole wheat flour, pure honey, filtered water, salt, and yeast.

H. Dakota

Sunflower, pumpkin, and sesame seeds are generously kneaded into our honey whole wheat dough for a crunchy, hearty, and flavorful bread.